# SOLUZIONIFOODSERVICE

### **ENAMELLED CAST IRON POT WITH LID liters 10 cm.** 30x30





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This GUISON by Garcima line is in enamelled cast iron, i.e. an iron alloy rich in carbon, coated with a vitrified enamel. Ideal for stews, soups, ribollita.

#### ADVANTAGES OF CAST IRON:

- ideal for any heat source (except induction) and for the oven
- rapid browning of foods
- resistance to high temperatures
- retains heat, spreads it slowly and distributes it perfectly evenly

#### PRECAUTIONS FOR USE:

- enamelled cast iron must be heated gradually
- it is advisable to use silicone or wooden utensils
- wash with hot water and washing-up liquid using a non-abrasive sponge cloth
- dry well with a clean cloth and check that the pot is completely dry before putting it away, perhaps greasing the outside with oil

